

COMMUNITY REPORT

BANJA LA UKHONDO



WASHTED, a Research Centre at Polytechnic University of Malawi implemented a 2 years research study focusing on Food Hygiene and Water Sanitation & Hygiene (WASH) that aimed at reducing diarrhoea in under-five Children of Chikwawa District; T/A Masache, T/A Maseya/A Ngowe and part of T/A Ngabu. 1000 under five children were recruited in the study.

WHICH HYGIENE BEHAVIOURS?

Hygiene behaviours were identified which may be leading to childhood diarrhoea. We used household surveys, microbiology sampling, observations and interviews over 9 month, and identified :

- Lack of handwashing with soap at critical times
- Poor food hygiene practices
- Poor water management practices
- Poor disposal of animal and child faeces

So these areas became the target of the Banja la Ukhondo project

Hand washing with Soap



Food hygiene



Banja la Ukhondo Hygiene Practices

Faeces safety



Water safety



PARTICIPANTS



NGOWE/NGABU
400 HOUSEHOLDS

HAND WASHING, FOOD HYGIENE, FAECES AND WATER SAFETY



MASACHE
400 HOUSEHOLDS

HAND WASHING AND FOOD HYGIENE ONLY



MASEYA
200 HOUSEHOLDS

NO INTERVENTION

HOW WERE BEHAVIOURS PROMOTED?



OPEN DAYS

AT THE START AND FINISH OF THE STUDY TO CELEBRATE SUCCESSES



CLUSTER (GROUP) MEETINGS

GROUPS OF UP TO 20 WOMEN WITH A COMMUNITY COORDINATOR MEETING FORTNIGHTLY TO DO ACTIVITIES AND SUPPORT EACH OTHER



HOUSEHOLD VISITS

FORTNIGHTLY VISITS FROM THE COMMUNITY COORDINATOR TO CHECK ON PROGRESS AND HELP WITH CHALLENGES



REMINDERS

HOUSEHOLDS RECEIVED ITEMS TO HELP THEM REMEMBER THEIR HYGIENE BEHAVIOURS

CHILDREN WITH DIARRHOEA



Banja la Ukhondo households



Other households



Child with diarrhoea



Child with no diarrhoea

Washed hands with soap

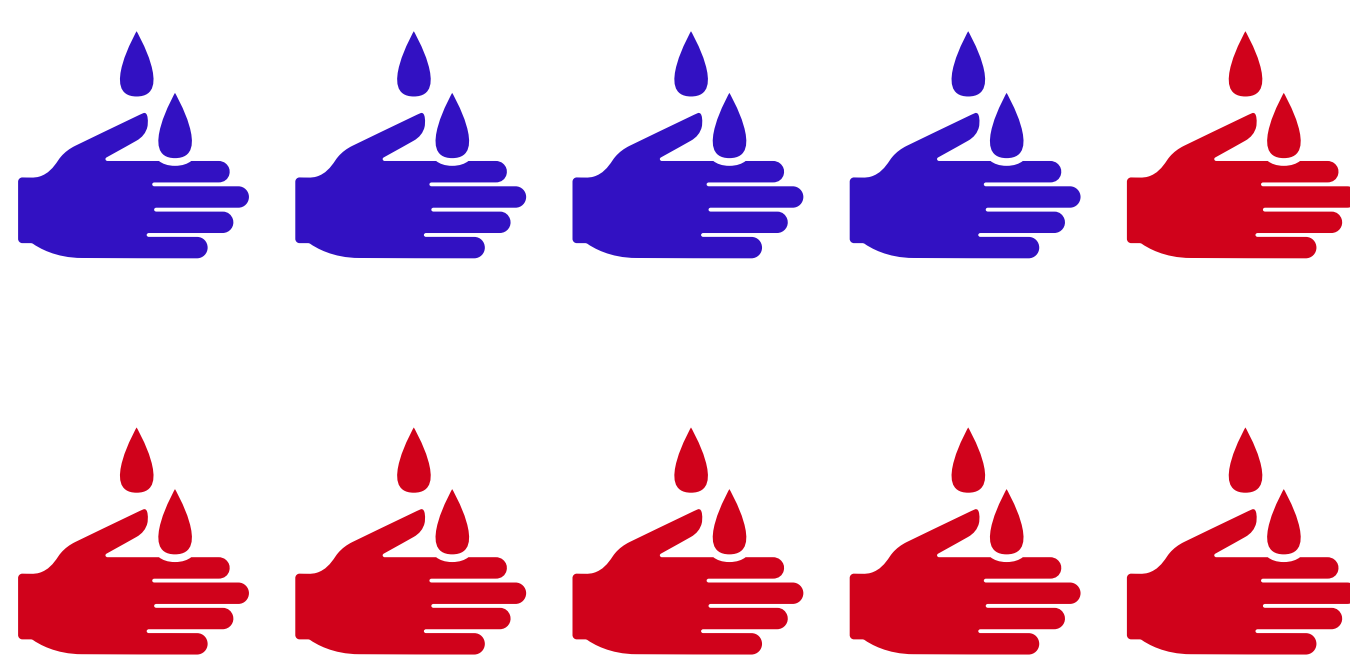


Did not wash hands with soap



HAND WASHING WITH SOAP

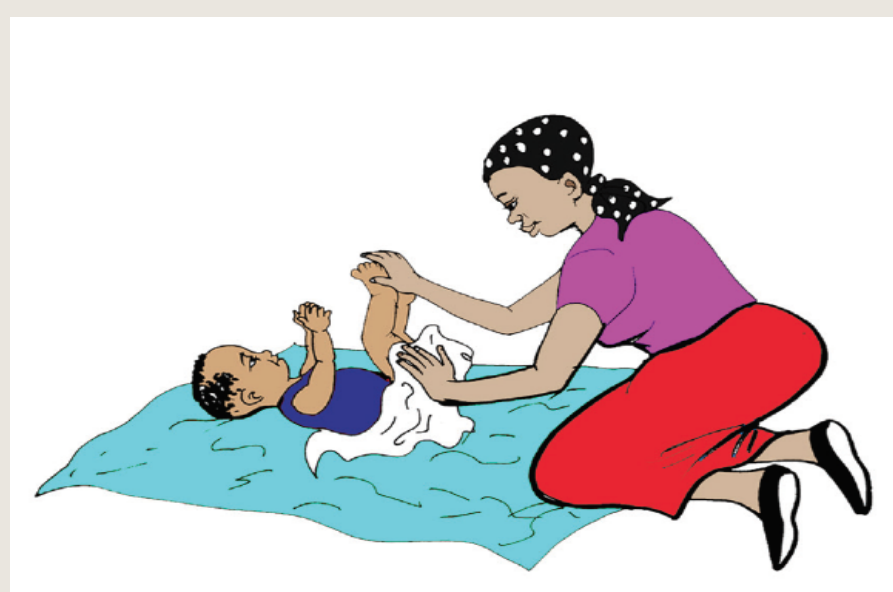
Banja la Ukhondo households



Other households



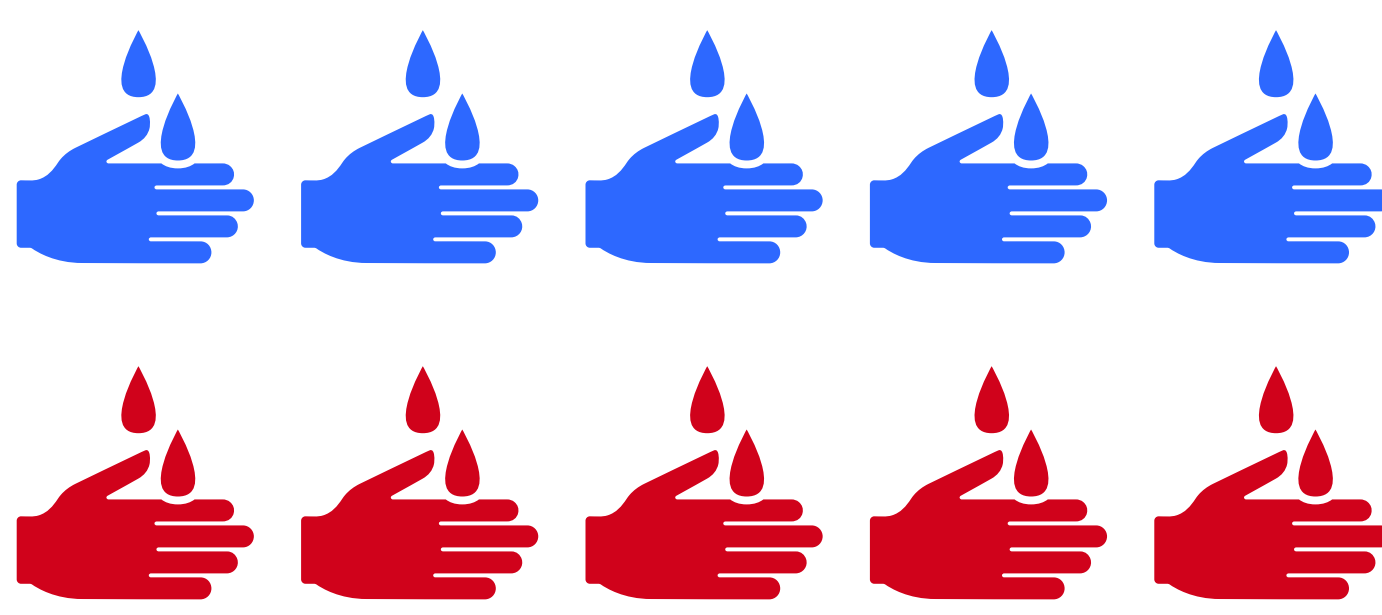
AFTER TOILET



AFTER CLEANING CHILD



BEFORE FOOD PREPARATION



WASHING UTENSILS WITH SOAP



Banja la Ukhondo households



Other households



RECOMMENDATIONS

- To prevent diarrhoea in under-five children and the whole family make sure you always:
 - Wash your hands with soap after latrine use, cleaning child's bottom, before food preparation and before child feeding/eating
 - Wash your child's hands before they start eating
 - Clean utensils with soap and always keep utensils on elevated place